



## Brow Henna Pre/Post Care

### Pre Care

Please allow 2-3 weeks of brow growth; you may clean up the surrounding fly away hair but please leave the bulk of the brow alone.

Do not tweeze, wax, laser, electrolysis, or any other hair removal in the bulk of the brow, 1 week prior to your appointment.

Discontinue Brow growth serums 6 weeks prior to your appointment.

Discontinue retinol, AHA, BHA, vitamin-c serums, etc or any other prescription topicals for your skin 72 hours prior to your service.

### Post Care

Avoid using steam rooms, saunas or sunbeds for at least 48 hours post brow henna. (We also advise not to get your brows excessively wet for the first 24 hours.)

Be gentle around your eyes, try not to rub them when washing

Be gentle around your brows, try not to rub them when washing your face and always pat dry. Remember to gently pat them dry after washing.

It is not advised for you to apply makeup or any self-tanning products for 48 hours following on from your treatment

Want to keep your brow henna fresh? Remember to get your next brow henna appointment booked in for 4-6 weeks time.

If you have any further questions or concerns, please reach out!

(734) 228-6600 or [contactus@theblvdspa.com](mailto:contactus@theblvdspa.com)