



Peel Pre/Post Care

Pre Care

Do not tweeze, wax, laser, electrolysis, or any other hair removal in the bulk of the brow, 1 week prior to your appointment.

It is important to stay out the sun (artificial or not) for a minimum of 72 hours prior to service.

Avoid microdermabrasion, other chemical peeling services 2 weeks prior to your peeling service.

Discontinue retinol, AHA, BHA, vitamin-c serums, etc or any other prescription topicals for your skin 72 hours prior to your service.

Discontinue all use of antibiotics two weeks prior to your peeling service.

Post Care

Do not use tan ever, but particularly in 4 weeks following peel. It can cause scarring.

No scrubs, peels, waxing, exfoliating, or aggressive brushes for 7 days. Only use a gentle cleanser and apply moisturizer at least twice daily for a minimum of 7 days post treatment.

Do not apply any acid or retinol products for at least 72 hours following peeling service.

Do not pick at your skin as it begins to shed or encourage it desquamate (slough off) before it is ready as it can cause hyperpigmentation and scarring.

It is not advised for you to apply makeup or any self-tanning products for until you have fully shed your skin following your treatment.

Want to keep your skin fresh? Remember to get your next peel appointment booked in for 4-6 weeks time.

If you have any further questions or concerns, please reach out!

(734) 228-6600 or contactus@theblvdspa.com